PORTLAND CITY HEALTH PROFILE

Maine Shared Community Health Needs Assessment

December 16, 2024

How to Read This Document

This document provides more than 121 health and well-being indicators that describe demographics, health outcomes and behaviors, and conditions that influence our health and well-being. The data come from more than 30 sources and represent the most recent information available and analyzed as of November 2024. Data from several years is often combined to ensure there is enough data to draw conclusions. County comparisons are made in several ways: between two time periods; to the state; and to the U.S. The two time periods can be found within the tables under columns marked, "Point 1" and "Point 2." The majority of comparisons are based on 95% confidence intervals. In some instances, a 90% confidence interval is used and is noted with a "#" symbol. A 95% confidence interval is a way to say that if this indicator were measured over and over for the same population, we are 95% confident that the true value among the total population falls within the given range/interval. When the confidence intervals of two measurements do not overlap, the difference between them is statistically significant. Where confidence intervals were not available, no indicator of significant difference has been made.

The tables use symbols to show whether there are important changes in each indicator over time, and to show if local data is notably better or worse than the state or the U.S. Additional symbols are used to note when data may be too small for statistical reliability and suppressed due to a small number of responses and when data is pending (available at a later date) or unavailable.

See the box below for a key to the symbols:

CHANGE shows statistically significant changes in the indicator over time, based on 95% confidence interval (see description above).	
★	means the health issue or problem is getting better over time.
!	means the health issue or problem is getting worse over time.
○	means the change was not statistically significant.
N/A	means there is not enough data to make a comparison.
#	means compared at 90% Confidence Interval.
BENCHMARK compares Portland data to state and national data, based on 95% confidence interval (see description above).	
★	means Portland is doing significantly better than the county or state average.
!	means Portland is doing significantly worse than the county or state average.
○	means there is no statistically significant difference between the data points.
N/A	means there is not enough data to make a comparison.
#	means compared at 90% Confidence Interval.
ADDITIONAL SYMBOLS	
*	means results may be statistically unreliable due to small numbers, use caution when interpreting.
~	means suppressed data due to a small number of respondents.
^	means data is pending.
—	means data is unavailable.

Data for Portland

Indicator	Portland City			Benchmarks			
	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Demographics							
Population (percent of total Maine population)	2015-2019 **5.0%**	2017-2021 **5.0%**	N/A	2018-2022 **22.2%**	N/A	**—**	N/A
Veterans	2015-2019 **5.0%**	2017-2021 **4.6%**	N/A	2018-2022 **7.1%**	N/A	2018-2022 **9.2%**	N/A
Transgender youth	2019 **1.9%**	**—**	N/A	2023 **4.6%**	N/A	2023 **4.5%**	N/A
Persons with a disability	2019 **12.3%**	2017-2021 **12.3%**	N/A	2018-2022 **11.3%**	N/A	2018-2022 **15.8%**	N/A
Foreign born	2015-2019 **11.1%**	2018-2022 **10.9%**	N/A	2018-2022 **6.4%**	N/A	2018-2022 **3.8%**	N/A
Limited English Proficiency	2015-2019 **6.0%**	2018-2022 **5.1%**	N/A	2018-2022 **2.3%**	N/A	2018-2022 **1.5%**	N/A
Social Drivers of Health							
Individuals living in poverty	2015-2019 **14.6%**	2017-2021 **12.7%**	N/A	2018-2022 **7.2%**	**!** #	2018-2022 **10.9%**	○#
Children living in poverty	2016-2020 **15.9%**	2018-2022 **11.7%**	N/A	2018-2022 **6.9%**	N/A	2018-2022 **13.4%**	N/A
Median household income	2015-2019 **$60,467**	2017-2021 **$66,109**	N/A	2018-2022 **$87,710**	**!** #	2018-2022 **$63,182**	○#
Unemployment	2021 **4.6%**	**—**	N/A	2023 **2.3%**	N/A	2023 **3.1%**	N/A
High school student graduation	2021 **84.9%**	**—**	N/A	2022-2023 **85.9%**	N/A	2023 **87.3%**	N/A
Associate's degree or higher among those age 25 and older	2015-2019 **59.6%**	2018-2022 **64.5%**	N/A	2018-2022 **59.3%**	N/A	2018-2022 **44.4%**	N/A
Households that spend more than 50% of income toward housing	2016-2020 **15.5%**	2018-2022 **16.0%**	N/A	2018-2022 **12.0%**	N/A	2018-2022 **11.3%**	N/A
Median gross rent	2015-2019 **$1,124**	2017-2021 **$1,278**	N/A	2018-2022 **$1,389**	N/A	2018-2022 **$1,009**	N/A
Median housing value	2015-2019 **$289,000**	2017-2021 **$341,700**	N/A	2018-2022 **$372,900**	N/A	2018-2022 **$244,800**	N/A
Total housing units	2015-2019 **34,075**	2017-2021 **34,812**	N/A	2018-2022 **149,869**	N/A	2018-2022 **741,803**	N/A
Housing occupancy	2015-2019 **89.3%**	2017-2021 **89.7%**	N/A	2018-2022 **85.5%**	N/A	2018-2022 **78.2%**	N/A
Owner-occupied housing	2015-2019 **45.1%**	2017-2021 **46.7%**	N/A	2018-2022 **69.9%**	N/A	2018-2022 **73.5%**	N/A
65+ living alone	2019 **36.8%**	2018-2022 **37.4%**	N/A	2018-2022 **29.7%**	N/A	2018-2022 **29.5%**	N/A
Households with no phone services	2015-2019 **2.0%**	2017-2021 **1.1%**	N/A	2018-2022 **0.9%**	N/A	2018-2022 **0.9%**	N/A
Total households with a broadband subscription	2015-2019 **85.7%**	2018-2020 **89.4%**	N/A	2018-2022 **90.8%**	N/A	2018-2022 **87.3%**	N/A
Total households with a computer	2015-2019 **91.9%**	2018-2020 **93.6%**	N/A	2018-2022 **94.7%**	N/A	2018-2022 **92.9%**	N/A

	Portland City			Benchmarks			
Indicator	**Point 1**	**Point 2**	**Change**	**Cumberland**	**+/-**	**Maine**	**+/-**
Social Drivers of Health (continued)							
Housing insecure (high school students)	2019 **3.9%**	—	N/A	2023 **2.9%**	N/A	2023 **2.6%**	N/A
No vehicle for the household	2015-2019 **6.0%**	2017-2021 **6.6%**	N/A	2017-2021 **7.0%**	○#	2017-2021 **6.9%**	○#
Commute of greater than 30 minutes driving alone	2015-2019 **18.2%**	2018-2022 **19.0%**	N/A	2023 **31.5%**	N/A	2018-2022 **34.0%**	N/A
Head Start eligible infants, toddlers, preschool age children	2015-2019 **15.2%**	2017-2021 **8.6%**	N/A	2017-2021 **6.6%**	N/A	2017-2021 **14.9%**	N/A
Overall Mortality							
Overall death rate per 100,000 population	2015-2019 **722.9**	—	N/A	2018-2022 **709.6**	N/A	2018-2022 **844.3**	N/A
Access							
Uninsured	2015-2023 **6.8%**	2017-2021 **7.0%**	N/A	2018-2022 **5.0%**	❗#	2018-2022 **7.1%**	○#
MaineCare enrollment (all ages)	2020 **30.4%**	—	N/A	2023 **17.3%**	N/A	2023 **27.3%**	N/A
MaineCare enrollment (ages 0-19)	2020 **50.7%**	—	N/A	2023 **16.3%**	N/A	2023 **9.9%**	N/A
Health Care Quality							
Ambulatory care-sensitive condition hospitalizations per 10,000 population	2016-2018 **47.7**	2018-2020 **44.5**	N/A	2019-2021 **31.6**	N/A	2019-2021 **42.8**	N/A
Ambulatory care-sensitive condition emergency department rate per 10,000 population	2016-2018 **260.8**	2018-2020 **260.8**	N/A	—	N/A	2018 **273.7**	N/A
Cancer							
All cancer deaths per 100,000 population	2015-2019 **150.5**	—	N/A	2018-2022 **143.2**	N/A	2018-2022 **159.9**	N/A
Colorectal cancer deaths per 100,000 population	2015-2019 **13.4**	—	N/A	2018-2022 **10.6**	N/A	2018-2022 **12.7**	N/A
Female breast cancer deaths per 100,000 population	2015-2019 **11.6**	—	N/A	2018-2022 **16.8**	N/A	2018-2022 **16.7**	N/A
Lung cancer deaths per 100,000 population	2015-2019 **39.1**	—	N/A	2018-2022 **33.3**	N/A	2018-2022 **40.2**	N/A
Prostate cancer deaths per 100,000 population	2015-2019 **11.4***	—	N/A	2018-2022 **17.1**	N/A	2018-2022 **19.9**	N/A
Tobacco-related cancer deaths per 100,000 population	2015-2019 **49.7**	—	N/A	2018-2022 **46.8**	N/A	2018-2022 **52.8**	N/A
All cancer new cases per 100,000 population	2014-2018 **448.0**	2015-2019 **454.9**	N/A	2019-2021 **442.2**	○	2019-2021 **476.0**	★
Bladder cancer new cases per 100,000 population	2014-2018 **22.5**	2015-2019 **21.6**	N/A	2019-2021 **22.9**	○	2019-2021 **26.4**	○

	Portland City			Benchmarks			
Indicator	**Point 1**	**Point 2**	**Change**	**Cumberland**	**+/-**	**Maine**	**+/-**
Cancer (continued)							
Colorectal cancer new cases per 100,000 population	2014-2018 **28.5**	2015-2019 **33.1**	N/A	2019-2021 **31.7**	○	2019-2021 **35.0**	○
Female breast cancer new cases per 100,000 population	2014-2018 **130.2**	2015-2019 **134.1**	N/A	2019-2021 **144.4**	○	2019-2021 **135.4**	○
Lung cancer new cases per 100,000 population	2014-2018 **68.9**	2015-2019 **69.9**	N/A	2019-2021 **52.1**	!	2019-2021 **65.3**	○
Melanoma skin cancer new cases per 100,000 population	2014-2018 **25.7**	2015-2019 **26.3**	N/A	2019-2021 **28.7**	○	2019-2021 **26.6**	○
Prostate cancer new cases per 100,000 population	2014-2018 **94.5**	2015-2019 **78.6**	N/A	2019-2021 **99.7**	○	2019-2021 **106.2**	★
Tobacco-related cancer (excluding lung cancer) new cases per 100,000 population	2014-2018 **114.1**	2015-2019 **120.3**	N/A	2019-2021 **123.8**	○	2019-2021 **137.2**	★
HPV-associated cancer new cases per 100,000 population	2014-2018 **12.5**	2015-2019 **13.3**	N/A	2019-2021 **15.2**	○	2019-2021 **15.4**	○
Obesity-associated cancer (excluding colon cancer) new cases per 100,000 population	2014-2018 **129.8**	2015-2019 **130.8**	N/A	2019-2021 **131.4**	○	2019-2021 **138.3**	○
Colorectal late-stage new cases per 100,000 population	2014-2018 **14.9**	2015-2019 **17.2**	N/A	2019-2021 **16.3**	○	2019-2021 **20.7**	○
Female breast cancer late-stage new cases per 100,000 population	2014-2018 **38.0**	2015-2019 **37.5**	N/A	2019-2021 **42.5**	○	2019-2021 **41.2**	○
Lung cancer late-stage new cases per 100,000 population	2014-2018 **45.9**	2015-2019 **45.4**	N/A	2019-2021 **32.3**	!	2019-2021 **42.2**	○
Cardiovascular Disease							
Cardiovascular disease deaths per 100,000 population	2015-2019 **173.5**	—	N/A	2018-2022 **171.4**	N/A	2018-2022 **200.4**	N/A
Coronary heart disease deaths per 100,000 population	2015-2019 **59.2**	—	N/A	2018-2022 **61.1**	N/A	2018-2022 **82.0**	N/A
Heart attack deaths per 100,000 population	2015-2019 **19.8**	—	N/A	2018-2022 **15.6**	N/A	2018-2022 **24.6**	N/A
Stroke deaths per 100,000 population	2015-2019 **28.2**	—	N/A	2018-2022 **27.4**	N/A	2018-2022 **29.4**	N/A
High blood pressure hospitalizations per 10,000 population	2016-2018 **23.7**	2018-2020 **16.6**	N/A	2019-2021 **16.0**	○	2019-2021 **19.4**	★

Indicator	Portland City			Benchmarks			
	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Cardiovascular Disease (continued)							
Heart failure hospitalizations per 10,000 population	2016-2018 **11.5**	2018-2020 **7.9**	N/A	2019-2021 **5.1**	!	2019-2021 **4.5**	!
Heart attack hospitalizations per 10,000 population	2016-2018 **23.5**	2018-2020 **11.6**	N/A	2019-2021 **11.6**	○	2019-2021 **18.9**	★
Stroke hospitalizations per 10,000 population	2016-2018 **19.4**	2018-2020 **19.4**	N/A	2019-2021 **17.2**	○	2019-2021 **19.2**	○
Diabetes							
Diabetes deaths (underlying cause) per 100,000 population	2015-2019 **17.6**	—	N/A	2018-2022 **20.8**	N/A	2018-2022 **25.2**	N/A
Diabetes hospitalizations (principal diagnosis) per 10,000 population	2016-2018 **13.0**	2018-2020 **13.1**	N/A	2019-2021 **9.1**	!	2019-2021 **13.1**	○
Diabetes emergency department rate (principal diagnosis) per 10,000 population	2016-2018 **40.1**	—	N/A	—	N/A	2016-2018 **31.2**	N/A
Respiratory Health							
Chronic lower respiratory disease deaths per 100,000 population	2015-2019 **39.0**	—	N/A	2018-2022 **34.0**	N/A	2018-2022 **40.0**	N/A
Asthma emergency department rate per 10,000 population	2016-2018 **49.5**	—	N/A	—	N/A	—	N/A
Chronic obstructive pulmonary disease hospitalizations per 10,000 population	2016-2018 **12.2**	2018-2020 **9.7**	N/A	—	N/A	—	N/A
Pneumonia hospitalizations per 10,000 population	2016-2018 **11.4**	2018-2020 **11.2**	N/A	2019-2021 **7.5**	!	2019-2021 **12.0**	○
Physical Activity, Nutrition and Weight							
Obesity (high school students)	2019 **10.6%**	—	N/A	2023 **12.2%**	N/A	2023 **15.7%**	N/A
Overweight (high school students)	2019 **16.9%**	—	N/A	2023 **14.3%**	N/A	2023 **16.0%**	N/A
Met physical activity recommendations (high school students)	2019 **17.1%**	—	N/A	2023 **23.0%**	N/A	2023 **47.7%**	N/A
Met physical activity recommendations (middle school students)	2019 **20.0%**	—	N/A	2023 **52.4%**	N/A	2023 **50.2%**	N/A

	Portland City			Benchmarks			
Indicator	**Point 1**	**Point 2**	**Change**	**Cumberland**	**+/-**	**Maine**	**+/-**
Physical Activity, Nutrition and Weight (continued)							
Fruit and vegetable consumption (high school students reporting five or more a day)	2019 **18.8%**	—	N/A	2023 **17.0%**	N/A	2023 **14.2%**	N/A
Fruit and vegetable consumption (middle school students reporting five or more a day)	2019 **24.8%**	—	N/A	2023 **20.0%**	N/A	2023 **18.9%**	N/A
Soda/sports drink consumption (high school students reporting one or more a day)	2019 **16.0%**	—	N/A	2023 **21.9%**	N/A	2023 **25.3%**	N/A
Soda/sports drink consumption (middle school students reporting one or more a day)	2019 **9.4%**	—	N/A	2023 **18.8%**	N/A	2023 **23.3%**	N/A
Pregnancy and Birth Outcomes							
Infant deaths per 1,000 live births	2015-2019 **7.9**	2017-2021 **4.3**	N/A	2018-2022 **4.7**	◯	2018-2022 **5.7**	◯
Low birth weight (<2500 grams)	2018-2019 **6.4%**	2020-2021 **6.2%**	N/A	2021-2022 **6.9%**	◯	2021-2022 **7.8%**	◯
Pre-term live births	2018-2019 **8.4%**	2020-2021 **6.3%**	N/A	2021-2022 **8.5%**	!	2021-2022 **9.5%**	!
Births to 15-19-year olds per 1,000 population	2018-2019 **5.3***	—	N/A	2021-2022 **3.3**	N/A	2021-2022 **8.1**	N/A
C-sections among low-risk first births	2018-2019 **26.3%**	2020-2021 **23.8%**	N/A	2021-2022 **25.8%**	◯	2021-2022 **25.5%**	◯
Smoked during pregnancy	2016-2017 **2.9%**	2020-2021 **4.1%**	N/A	2021-2022 **4.4%**	◯	2022 **9.1%**	!
Infants who are ever breast fed	2018-2019 **96.7%**	2020-2021 **91.5%**	N/A	2021-2022 **92.6%**	◯	2021-2022 **87.6%**	★
Environmental Health							
Lead screening among children (ages 12-23 months)	2016 **51.8%**	—	N/A	2022 **82.4%**	N/A	2022 **68.5%**	N/A
Lead screening among children (ages 24-35 months)	2016 **26.7%**	—	N/A	2022 **43.1%**	N/A	2022 **46.4%**	N/A
Infectious Disease							
Lyme disease new cases per 100,000 population	2017 **43.8**	—	N/A	2021 **74.0**	N/A	2022 **191.4**	N/A
Unintentional Injury							
Injury deaths per 100,000 population	2015-2019 **85.9**	—	N/A	2018-2022 **80.6**	N/A	2018-2022 **99.4**	N/A
Fall-related deaths (unintentional) per 100,000 population	2015-2019 **17.7**	—	N/A	2018-2022 **18.8**	N/A	2018-2022 **17.5**	N/A

	Portland City			Benchmarks			
Indicator	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Unintentional Injury (continued)							
Motor vehicle traffic crash (unintentional) deaths per 100,000 population	2015-2019 **2.6***	—	N/A	2018-2022 **7.2**	N/A	2018-2022 **11.7**	N/A
Poisoning deaths (unintentional and undetermined intent) per 100,000 population	2015-2019 **44.5**	—	N/A	2018-2022 **32.7**	N/A	2018-2022 **40.7**	N/A
Fall-related injury (unintentional) emergency department rate per 10,000 population	2016-2018 **323.2**	—	N/A	2019-2021 **214.8**	N/A	2019-2021 **264.3**	N/A
Traumatic brain injury emergency department rate per 10,000 population	2016-2018 **38.6**	—	N/A	2019-2021 **31.2**	N/A	2019-2021 **35.7**	N/A
Intentional Injury							
Suicide deaths per 100,000 population	2015-2019 **9.6**	—	N/A	2018-2022 **13.1**	N/A	2018-2022 **18.3**	N/A
Firearm deaths per 100,000 population	2015-2019 **5.0***	—	N/A	2018-2022 **6.8**	N/A	2018-2022 **11.3**	N/A
Bullying on school property (high school students)	2019 **15.2%**	—	N/A	2023 **20.0%**	N/A	2023 **21.9%**	N/A
Bullying on school property (middle school students)	2019 **41.5%**	—	N/A	2023 **42.2%**	N/A	2023 **48.6%**	N/A
Violent crime rate per 1,000 population	2019 **2.0**	—	N/A	2022 **1.0**	N/A	2022 **1.0**	N/A
Mental Health							
Sad/hopeless for two weeks in a row (high school students)	2019 **32.1%**	—	N/A	2023 **32.7%**	N/A	2023 **35.0%**	N/A
Seriously considered suicide (high school students)	2019 **13.8%**	—	N/A	2023 **16.8%**	N/A	2023 **17.8%**	N/A
Mental Health (continue)							
Seriously considered suicide (middle school students)	2019 **20.6%**	—	N/A	2023 **19.6%**	N/A	2023 **21.8%**	N/A
Mental health emergency department rate per 10,000 population	2016-2018 **268.7**	—	N/A	—	N/A	—	N/A
Oral Health							
Ambulatory care sensitive dental emergency department rates for adults per 10,000 population	2016-2018 **102.0**	—	N/A	—	N/A	2018 **126.5**	N/A
Ambulatory care sensitive dental emergency department rates for children per 10,000 population	2016-2018 **22.3**	—	N/A	—	N/A	2018 **18.2**	N/A

Indicator	Portland City			Benchmarks			
	Point 1	Point 2	Change	Cumberland	+/-	Maine	+/-
Substance Use							
Overdose deaths per 100,000 population	2020 **83.8**	—	N/A	2023 **117.0**	N/A	2023 **607**	N/A
Drug-induced deaths per 100,000 population	2015-2019 **42.7**	—	N/A	2018-2022 **32.1**	N/A	2018-2022 **55.6**	N/A
Alcohol-induced deaths per 100,000 population	2015-2019 **21.2**	—	N/A	2018-2022 **14.7**	N/A	2018-2022 **18.6**	N/A
Past-30-day alcohol use (high school students)	2019 **20.8%**	—	N/A	2023 **22.5%**	N/A	2023 **20.5%**	N/A
Past-30-day alcohol use (middle school students)	2019 **3.8%**	—	N/A	2023 **4.1%**	N/A	2023 **4.8%**	N/A
Binge drinking (high school students)	2019 **5.9%**	—	N/A	2023 **11.3%**	N/A	2023 **9.6%**	N/A
Binge drinking (middle school students)	2019 **1.9%**	—	N/A	2023 **1.4%**	N/A	2023 **1.8%**	N/A
Past-30-day marijuana use (high school students)	2019 **26.4%**	—	N/A	2023 **19.1%**	N/A	2023 **18.7%**	N/A
Past-30-day marijuana use (middle school students)	2019 **3.5%**	—	N/A	2023 **2.9%**	N/A	2023 **5.0%**	N/A
Past-30-day misuse of prescription drugs (high school students)	2019 **6.5%**	—	N/A	2023 **5.5%**	N/A	2023 **5.2%**	N/A
Past-30-day misuse of prescription drugs (middle school students)	2019 **3.8%**	—	N/A	2023 **4.8%**	N/A	2023 **4.9%**	N/A
Opiate poisoning emergency department rate per 10,000 population	2016-2018 **18.9**	—	N/A	—	N/A	2018 **8.6**	N/A
Opiate poisoning hospitalizations per 10,000 population (ICD-10)	2016-2018 **1.7**	2018-2020 **1.4**	N/A	2018 **1.0**	N/A	2018 **1.1**	N/A
Tobacco Use							
Past-30-day cigarette smoking (high school students)	2019 **5.3%**	—	N/A	2023 **5.7%**	N/A	2023 **5.6%**	N/A
Past-30-day cigarette smoking (middle school students)	2019 **1.2%**	—	N/A	2023 **1.5%**	N/A	2023 **2.1%**	N/A
Past-30-day tobacco use (high school students)	2019 **7.8%**	—	N/A	2023 **7.8%**	N/A	2023 **7.6%**	N/A
Past-30-day tobacco use (middle school students)	2019 **2.4%**	—	N/A	2023 **2.4%**	N/A	2023 **3.1%**	N/A
Environmental tobacco smoke exposure (high school students)	2019 **18.8%**	—	N/A	2023 **15.1%**	N/A	2023 **19.3%**	N/A
Environmental tobacco smoke exposure (middle school students)	2019 **16.4%**	—	N/A	2023 **14.7%**	N/A	2023 **19.9%**	N/A

Language Spoken by Language Category

The following chart compares the language spoken for Cumberland County and Portland City.

Language	Cumberland County	Portland
English only	92.7%	87.8%
Other Indo-European language	3.4%	5.3%
Other languages	1.6%	3.8%
Asian and Pacific Islander language	1.2%	1.6%
Spanish	1.1%	1.4%

Population with Disability by Type

The following chart compares the population with disability by type for Cumberland County and Portland City.

Disability Type	Cumberland County	Portland
Ambulatory difficulty	4.7%	5.5%
Cognitive difficulty	4.7%	6.5%
Independent living difficulty	4.5%	5.8%
Hearing difficulty	3.6%	3.4%
Self-care difficulty	1.7%	1.8%
Vison difficulty	1.4%	1.8%

Children with Disability by Type

The following chart compares children with disability by type for Cumberland County and Portland City.

Disability Type	Cumberland County	Portland
Cognitive difficulty	4.0%	2.9%
Self-care difficulty	0.8%	0.5%
Hearing difficulty	0.4%	0.6%
Ambulatory difficulty	0.3%	0.0%
Vision difficulty	0.2%	0.0%

Percentage household by Income Groups

The following chart compares percentage household by income groups for Cumberland County and Portland City.

Income	Cumberland County	Portland
Less than $10,000	3.5%	5.4%
$10,000 to $14,999	3.1%	5.3%
$15,000 to $24,999	5.5%	7.7%
$25,000 to $34,999	5.9%	7.1%
$35,000 to $49,999	9.5%	10.1%
$50,000 to $74,999	15.7%	15.9%
$75,000 to $99,999	13.2%	12.5%
$100,000 to $149,999	19.1%	17.1%
$150,000 to $199,999	10.8%	8.6%
$200,000 or more	13.6%	10.3%

Employment by Industry and Occupation

The following chart compares employment by industry and occupation for Cumberland County and Portland City.

Industry/Trade	Cumberland County	Portland
Educational services, and health care and social assistance	27.5%	27.9%
Professional, scientific, and management, and administrative and waste management services	13.2%	14.5%
Retail trade	11.5%	11.0%
Finance and insurance, and real estate and rental and leasing	9.3%	8.6%
Arts, entertainment, and recreation, and accommodation and food services	8.6%	10.9%
Manufacturing	8.1%	8.0%
Construction	5.6%	3.2%
Other services, except public administration	4.2%	4.5%
Transportation and warehousing, and utilities	3.7%	3.3%
Public administration	2.8%	2.2%
Wholesale trade	2.2%	2.5%
Information	2.2%	2.7%
Agriculture, forestry, fishing and hunting, and mining	1.1%	0.6%

Household by Type of Head of Household

The following chart compares household by type of head of household Cumberland County and Portland City.

Household Type	Cumberland County	Portland
Married-couple household	48.2%	32.6%
Female household, no spouse/partner present	26.0%	33.5%
Male household, no spouse/partner present	17.1%	22.5%
Cohabiting couple household	8.7%	11.4%

Number of Vehicles for Household Owners and Renters

The following chart compares the number of vehicles for household owners and renters for Cumberland County and Portland City.

Number of Vehicles by Household	Cumberland County	Portland
2 vehicles available	42.5%	33.1%
1 vehicle available	33.2%	42.1%
3 or more vehicles available	17.3%	8.5%
No vehicles available	7.0%	16.3%

Commute by Transportation Type

The following chart compares commute by transportation type for Cumberland County and Portland City.

Commute Type	Cumberland County	Portland
Car, truck, or van—drove alone	67.5%	57.9%
Worked from home	16.7%	18.5%
Car, truck, or van -- carpooled	7.8%	6.9%
Walked	5.1%	12.1%
Other means	1.7%	2.6%
Public transportation (excluding taxicab)	0.8%	2.1%

Age of Housing Stock

The following chart compares the age of housing stock for Cumberland County and Portland City.

Age of Housing Stock	Cumberland County	Portland
Built 1949 or earlier	29.8%	53.1%
Built 1950 to 1979	27.0%	24.4%
Built 1980 to 2009	35.0%	18.0%
Built 2010 or later	8.2%	4.5%

Heating Fuel Type

The following chart compares heating fuel type for Cumberland County and Portland City.

Heating Fuel Type	Cumberland County	Portland
Fuel oil, kerosene, etc.	50.5%	33.9%
Utility gas	19.8%	39.7%
Bottled, tank, or LP gas	12.5%	5.1%
Electricity	11.5%	18.3%
Wood	3.1%	0.6%
Other fuel	1.5%	1.4%
No fuel used	0.7%	0.8%
Solar energy	0.4%	0.2%
Coal or coke	0.1%	0.1%

The Maine Shared Community Health Needs Assessment (Maine Shared CHNA) is a collaborative partnership between Central Maine Healthcare, Northern Light Health, MaineGeneral Health, MaineHealth, the Maine Center for Disease Control and Prevention, and the Maine Community Action Partnership. By engaging and learning from people and communities and through data analysis, the partnership aims to improve the health and well-being of all people living in Maine. This is the fifth collaborative Maine Shared CHNA.

The mission of the Maine Shared CHNA is to:

- Create shared CHNA reports,
- Engage and activate communities, and
- Support data-driven improvements in health and well-being for all people living in Maine.

These data profiles, as well as additional information and data, can be found online at the Maine Shared CHNA's website – www.mainechna.org.